Resurrection Sunday

When the Desert Blooms...

Don't give up just because something looks dead....

These words of my mother often echo in my head when I am faced with a difficult, seemingly impossible situation. I know you have all been there – things you hoped for, prayed for and worked for suddenly seem to fall into a lifeless pit. All seems dark and hopeless and you just want to give up.

Remember the Resurrection plant, my mother would say, pressing the dry, thorny desert plant into the palm of my hand. A unique plant indigenous to the Kalahari that during the winter season dehydrates, turning brown and tough. To all intents and purposes, it appears to have died. It is no longer a beautiful plant, it looks as if it is ready to disintegrate and join the desert sand that it grew out of. Dehydrated, beyond repair, bereft of life - ever felt like that? If yes, then read on...

Just a little rain and everything will be different... I can still hear my mother's voice, as she would encourage me with a hug. With the first rains, the plant absorbs the moisture and 3 days later, behold, a lush flowering plant replaces the dry, dead looking shrub. Don't give up just because something looks dead.

I have never forgotten my mother's words and I now keep one of these unique plants in my home to remind myself of the promises seen in nature. There is always hope, not matter how dark and dismal a situation may look.

But the story of this plant is not one that only encourages the soul, it has superior benefits for the

skin as well. In my research I discovered that these plants contain an exceptional substance that can restructure denatured enzymes and, when used in body products, optimizes the skin's self-protection function. I have incorporated the Resurrection Plant Extract into many of our Kalahari body products as it is rich in antioxidants which are helpful in repairing damage caused by UV exposure. It also stimulates skin elasticity and radiance, visibly refining your complexion.

Resurrection plant – it makes the desert bloom and it will do the same for you!





Carina Franck